

GROWTH MINDSET MASTERY UNBLOCKING OPPORTUNITIES

(Wednesday & Thursday) 05th & 06th February 2025 (2 Days)

09:00AM - 03:00PM

In-person @ UIC premises

Arabic/material in English

FEES FOR UIC MEMBERS
KWD 250

FEES FOR NON-MEMBERS
KWD 300



Hagop Emrazian

Introduction:

This training is designed to help you reframe challenges, embrace lifelong learning, and unlock your true potential. By shifting from a fixed mindset to a growth-oriented perspective, you'll discover how to turn obstacles into opportunities, foster resilience, and achieve personal and professional growth. Join us to transform the way you think, learn, and succeed!

Target Audience:

- Middle level Management
- Senior Professionals



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Outline:

Day 1

- Introduction to Growth and Fixed mindsets patterns
- Convergent and Divergent problem solving
- Activity: - shifting the way we communicate
- Communicating assertively, saying what you mean and meaning what you say.
- Embracing Change with a Growth Mindset
- Leading your team at times of Change
- Mental Resilience, attributes to self and others
- Shifting to Resilience and developing consistency
- Moving with Grit and the notion of perseverance
- Action plan to resist fixed mindset instill Growth Mindset
- Allowing feelings to surface
- Renewing confidence and commitment:
- Observing the general environment
- Acknowledging any situations that TRUST was betrayed
- Seeing the bigger picture and moving

Day 2

- Being focused and open for learning
- Differentiating your job, career and your purpose
- The importance of Mindset and what can it do for a Leader
- Replacing a fixed mindset with a Growth Mindset
- Overcoming the 6 major fixed mindset conceptions and emotions
 1. All or none judgement of self when dealing with a challenge
 2. Viewing your efforts negatively when a task gets difficult by time
 3. Perfectionism when addressing performance and assessing progress
 4. Magnification and minimization of mistakes
 5. Viewing others as judges when praised or criticized
 6. Competitive comparisons when discussing success or failures
- Engaging in Crucial Accountability Conversations
- Group activity
- Feed-forward
- Action plan

Objectives:

1. Understand the Growth Mindset Concept:
2. Develop Resilience:
3. Enhance Problem-Solving Skills
4. Promote Lifelong Learning
5. Cultivate a Positive Perspective on Feedback
6. Boost Adaptability
7. Encourage Collaborative Growth:
8. Empower Leadership Development:



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Expert's Profile: Hagop Emrazian

Hagop is a dynamic facilitator and coach known for his ability to inspire individuals to exceed their perceived limits and drive transformative change within their organizations. With global reach and facilitation in 30+ countries, he designs and delivers impactful leadership development programs, leveraging a progressive approach to talent cultivation. Recognized as a prominent figure in leadership development on platforms like LinkedIn, he co-authored the bestselling book "The Soul of Success" alongside Jack Canfield.

With over three decades of corporate experience, Hagop launched his career at Gulf Bank in 1994 and later held the role of Head of Learning & Organization Development for the Middle East & Africa at Agility followed by a consulting journey that included pivotal roles at RJ Learning Group and the Virginia Institute of Finance and Management in the US and most recently globally with DSV Global Logistics as Head of Leadership Development. Certified as an Executive Coach, Facilitator, and Targeted Selection Interviewer, Hagop holds a BSc in HR and a diploma in Training & Development from the University of Leicester, UK.